



CORONAVIRUS DISEASE - 2019

What is Coronavirus Disease - 2019 (COVID-19)?
COVID-19 is a new strain of Coronavirus that causes respiratory illness. The first case was identified in China.

How is it spread?



Contact with an infected person with COVID-19 virus through coughing or sneezing



Contact with contaminated surfaces or articles with the COVID-19 virus

Signs and symptoms



Fever



Cough



Shortness of breath



Body ache



Headache

How can I protect myself and others?



Regularly wash hands with soap and water, or use an alcohol based hand sanitizer



Avoid close contact with people who have flu-like symptoms



Cover your nose and mouth with tissue or cough and sneeze into your flexed elbow



Avoid handshaking, hugging and kissing with people who have flu-like symptoms



Stay home and avoid travelling when you have flu-like symptoms

Protect yourself, family and community from COVID -19

Anyone arriving from a country or area reporting COVID-19 is advised to isolate themselves for 14 days.

For further information contact:

The Head, Division of Disease Surveillance and Response, Ministry of Health
Toll Free Line (in Kenya): 0800 721 316
Telephone Hotline: +254 729 471 414 /+254 732 353 535

Weekly Newsletter

February 2020_Issue 4

Upcoming....

2nd-6th March 2020

- Development of the Kilifi County Resource Mobilization strategy
- Harm Reduction and Key Populations TWG meeting 5th&6th
- Stakeholders meeting –Meru County

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What you need to know about Corona Virus / COVID-19

In the last few weeks the world has been gripped by panic with the advent of the Corona Virus (COVID-19) that started in China and fast spreading to other areas globally with the [WHO](#) terming it as a pandemic. Here are some quick facts about COVID-19

- Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person
- Symptoms include: Fever, Cough, Shortness of Breath, Body ache and Headache and at an advanced stage may cause Pneumonia and/or organ failure

Prevention

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available

Stopping the Spread

- Self-Quarantine/Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

Is there a vaccine? There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to avoid being exposed to the virus that causes it.

Is there a treatment? There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.

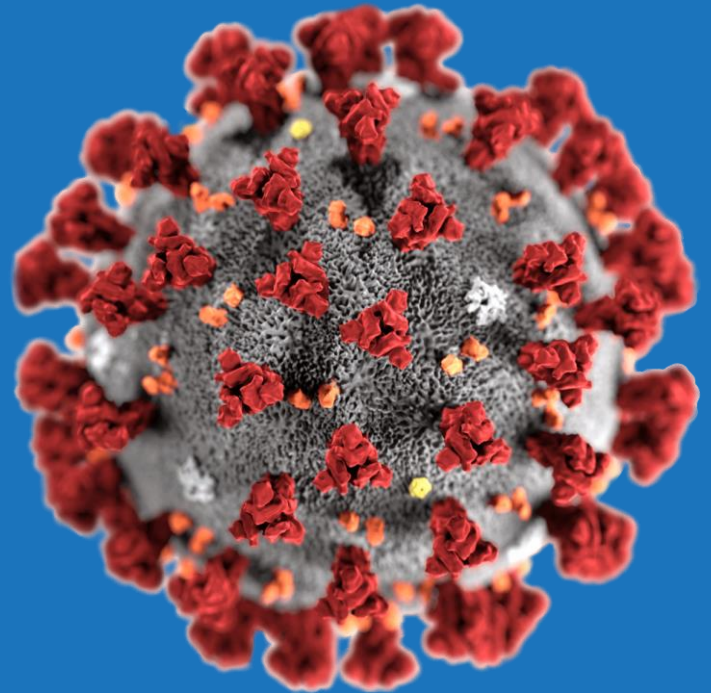


Photo Courtesy: Wikipedia

SITUATION IN NUMBERS: 27th /Feb /2020

Globally 82 294 confirmed (1185 new)

China 78 630 confirmed (439 new) 2747 deaths (29 new)

**Outside of China 3664 confirmed (746 new)
46 countries (9 new) 57 deaths (13 new)**

**RISK ASSESSMENT: China Very High,
Regional Level- High, Global- Level High**

Source: CDC- COVID-19 Factsheet and WHO- Coronavirus disease 2019 (COVID-19) Situation Report – 31



Multi-sector; delegation during the roundtable discussion

The annual devolution conference is set to be held in April 2020, with this year's theme being **Multi-level governance for climate change** and a sub-national theme: **Subnational mobilization in unlocking the full potential of climate action**. This is towards strengthening sub national governments to act on climate change and develop stringent mitigation capacities through increased resilience and response to climate change.

Towards the conference which will be held on the 24th-26th April 2020, in Makueni County, KANCO has been participating in the conference planning to strengthen the CSOs engagements in this platform.

On the 26th of February 2020, following an invitation by the Council of Governors in collaboration with the Ministry of Devolution and ASALs and the County Assemblies Forum, stakeholders held a roundtable discussion bringing together CSOs, philanthropy organizations and other non-state actors to explore the areas of collaboration in a meeting where KANCO was represented by the Executive Director, Allan Ragi.

KANCO will be participating in the conference to share and learn on their health programming experiences



Allan Ragi, KANCO Executive Director, making a contribution during the round table discussion forum

Strengthening the Viral Hepatitis Response in Kenya



Stakeholders during the Viral Hepatitis Workshop convened by NASCOP

Kenya is endemic for hepatitis B and C viruses and despite there being an existing guideline for treatment, prevention and control as well as data on the burden of hepatitis B and C, a strategic plan has been missing to standardize implementation.

Hepatitis C (HCV) is a liver infection caused by hepatitis C virus. In Kenya the prevalence 1-2% of among blood donors and 20% of People Who Inject Drugs (PWIDs). It is a common cause of liver related morbidity including Liver cancer/ Hepatocellular Carcinoma. Compared to HBV, 70% of HCV will progress to chronic HCV and 15% of HCV will clear on its own.

This trend is expected to increase with time if the strategies outlined for elimination of hepatitis epidemics as a major public health threat by 2030 are not implemented. This interventions include immunization; timely hepatitis B birth dose (HB-BD) for prevention of mother to child transmission; infection, blood and surgical safety in healthcare settings; harm reduction in people who inject drugs (PWID) and effective treatment for hepatitis.

In light of this, KANCO participated in a five days viral hepatitis workshop convened by the National STIs and AIDs Control Program (NASCOP), on the 17th-21st February 2020, to support the development of policy documents including the strategic plan and tools for effective implementation of Viral Hepatitis (VH) service delivery in the country.

The meeting saw the development of the first draft of the Strategic framework that will continue to be reviewed towards development of the national strategy. The strategy gives guidance on making available and accessible, the diagnostic commodities and anti-virals for management and control of viral hepatitis; Ministry of Health, NASCOP, NHIF, county governments and partners to mobilize resources, reduce cost and ensure availability of anti-virals, diagnostic commodities and Human Resource for viral hepatitis programme country-wide and Carry out survey to generate data to establish the exact prevalence and burden of hepatitis B and C viruses nationally, in the counties and in key populations (MSM, PWID, Sex Workers, prisoners).

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